

SENIOR ADVISORY COMMITTEE MEETING

MARCH 26TH, 2012

Attending: Patricia Jenkins, Sharon Taylor, Dawn Jarrell, Patricia Wellington, Penelope Stetson, Jacqueline Neill, Frank DeRocchi, Shirley Walker.

Penelope Stetson read the minutes of the first meeting of the Advisory Committee. They were amended and approved: meeting date to read: March 12 instead of March 26th, and liability insurance covers our activities as long as there is no charge for attendees.

It was voted to change the hour of meetings from 11:00 AM to 9:00 AM. Our next meeting will be on April 9th.

Frank reported that he had talked with Scoot Marsh, Lee Town Assessor, about elderly exceptions. He talked with Jerry Avery, the NH State Veterans Council Rep. for the Seacoast Area. He suggested that we might put up a notice at the Lee Transfer Station with information about the SAC. He will work with Julie Glover, town administrator, to get a link on the town site. Frank will research insurance information.

Dawn Jarrell reported that you may apply for financial aid from the state, NH Dept. of Resources, starting May 1st, ending June 30th for low and moderate income residents. Forms are at the Town Hall.

Dawn passed out the committee membership list and asked for corrections. She will e-mail our confirmed list with names, phone numbers, mailing, and e-mails addresses. She named a program called Safe Link that community members could use in case of an emergency. She will post information about this committee in the E-Crier. She will pare down the Community Resource Network and bring that back to committee.

Shirley Walker reported that she had talked with Pastor Gayle and listed programs that the Lee Church Congregational participates in: Food Pantry, Missions—church member providing help with home chores to any community member in need, Community Assistance Fund that is business funded and provides product and not dollars to community members. A Quilting Guild and Knitting Guild hold meetings at the church and a Tai Chi Class meets regularly in the morning. You may contact the church office for more information about these happenings.

Shirley reported talking with Kathy Kerrigan, Exercise Specialist, 5 River Road, Ph. # 659-8052. She will help us set up a program for elderly if we decide to offer such a program in the future. Patricia Wellington and Shirley will meet with her before our next meeting to gather guideline information.

Shirley talked with Sally Barney of NH Extension, 659-5857, to see what programs might be available at no cost to the town. Strafford County had last year voted not to fund Extension and is now funding and going through the process of hiring and planning programs. By July they should have programs in place—two possible subjects they are considering are looking at obesity and nutrition.

Penelope Stetson and Jacqueline Neill prepared a list of Lee residents, 60 years and older. Dawn will work with this list.

Penny and Jacquie will review information to be placed in the Lee Town Crier.

Pat Jenkins has talked with the Heritage Commission and they would like to build a library of stories of older folks in town and perhaps make videos.

Sharon Taylor has information at the library about senior transportation and senior employment. Her concern is how to get this information out to the public. AARP information can be found at the library and the library and SAC will co-sponsor a program titled Navigating Elder Care. She mentioned a program that used to be called Elder Hostel and is now called Road Scholar that has many interesting programs and trips. However, it is quite expensive. She would like to give one-on-one computer instruction to interested elders as the computer is a way to access much information useful to them. One helpful site is NCOA and has information about aging and taxes, etc.

Other discussion topics were: seniors helping seniors; what neighboring towns offer through their recreation departments: Exeter, Newmarket; Active Retirement Assoc.--based in Durham that sponsors tours, special events and programs, \$50.00 yearly dues; and SAC hosting a booth at Lee Family Day at the Town Park in September.

Shirley Walker